

Study Abroad Packing List

On your person:

- WorldCue's number
- Cell Phone and charger
- Laptop and charger
- Electrical Adapter
- Important Prescriptions and documentation
- Non-aluminum (empty) reusable water bottle
- Toothbrush/toothpaste
- Travel toiletries (in a Ziploc gallon bag, 100 ml bottles)
- Head phones
- Travel wallet (big enough for foreign currency, a passport, and tickets):
 - Cash (enough for an emergency)
 - Debit card to be used abroad
 - Student ID (you can get discounts abroad!)
 - Passport
 - Copies of important documents (such as your social security card, you passport, your birth certificate, etc. Do not bring the originals—besides a passport—with you. Give originals to your emergency contact.)

In your suitcase: please keep in mind your destination—some things may or may not be appropriate depending on your host country!

- Underwear for 2 weeks (the more you bring, the less often you have to do laundry!)
- Socks for 2 weeks (bring 2 or 3 pairs of warmer socks)
- Sweatshirt/hoodie (1-2 - no college or sports team logos)
- Long-sleeved shirts
- Short-sleeved shirts
- 2 pairs of shorts (even if traveling to a warmer climate, you will not be wearing them in class)
- 1 set of workout clothes (you will not be wearing these clothes to class either)
- 1 nice outfit for a formal occasion
- Sneakers/walking shoes
- Belt
- 2-3 pairs of jeans
- Feminine products (at least one month's worth)
- Deodorant
- Hairbrush
- Contacts and solution
- Bobby Pins/Hair Ties
- 1 set of pajamas

You may also want to consider:

- Stain remover pen (just in case you can't do laundry right away)
- Watch (in case your phone is out of commission)

- Flash drive
- Journal
- Gift for your host family if staying in a homestay
- Small travel umbrella
- Book (to read for entertainment while traveling)
- Camera
- A roll of toilet paper (for traveling: in case they're out... or don't offer any at all!)
- Portable hand-held luggage scale
- An extra pairs of glasses, contacts, or retainers (just in case!)
- *Check to see if linens are provided by your host university

Essential for London students

*Your linens (sheets, bath towels) are provided for you

- On your person: Immigration Letter
- Flip flops for shared shower stalls
- Warmer jacket (especially if traveling)
- Cold weather gear (especially if traveling)
- Rain jacket/rain boots
- Comfortable walking shoes

Essential for Italy Students

- On your person: Visa Information
- Comfortable walking shoes